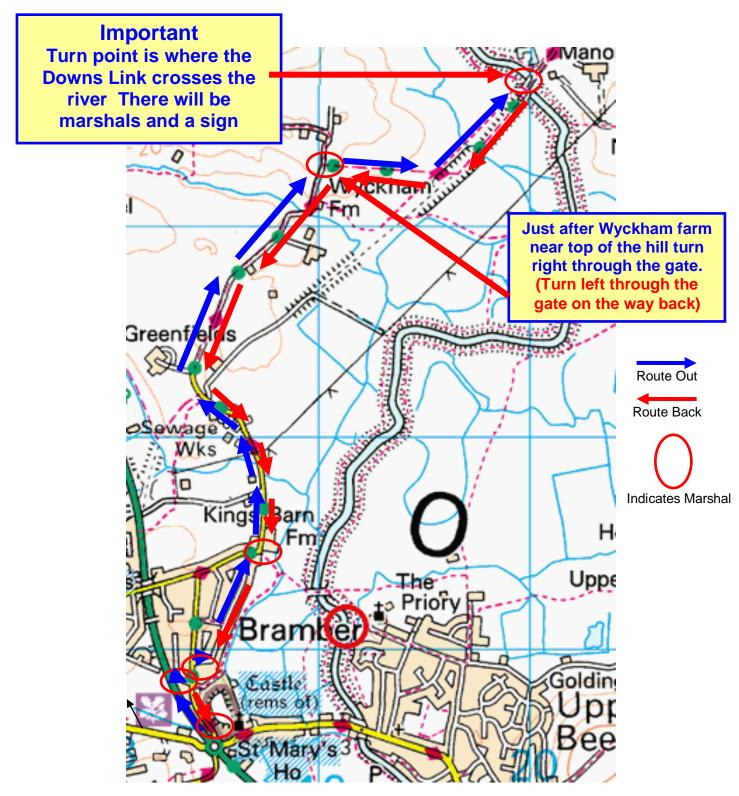


The Downs Link Challenge Five Mile Cycle and Walk Map





Start at Bramber and follow the cycle track beside the bypass then turn right into Castle Lane. Cycle / Walk out on the country lanes towards Wykham Farm. Towards the top of the hill on the farm track is a right turn. Continue until you reach the river which is the turning point. A sign will be pinned on the gate and a marshal will be present. If younger children cannot manage this far-just turn where you think appropriate and come back. Every one will receive a memento and certificate back at Bramber. Take care on the roads and watch for farm traffic. Some of the farm tracks are rubble and pot holed so don't let children race down the hills.

There are no check points on the five mile route so carry enough water and energy food.